

Community-suggested neurodiversity resources

Version 2, January 2024

This a crowdsourced list of content.

It is not a list of reviews, recommendations or endorsements from the LEANS team, and is not a component of the LEANS classroom resource pack.

This list may help you **get started with identifying neurodiversity content** that meets your needs, in addition to (or instead of) the LEANS resource pack. The items on this list also cover a **wider age range** than LEANS itself, so it may be helpful for those who have asked about content for teens or younger children.

About the crowdsourced resource suggestions

This list is a compilation of neurodiversity-related items suggested by members of the public between Spring 2020-September 2023, via open calls for recommendations on social media and through LEANS project mailings. Anyone could submit an item to an anonymous web form, including self-created content. The LEANS team requested and shared these community recommendations because we know that there is a big appetite for neurodiversity content from educators, families, and others. What is out there and where? What have other people liked or used? Each item on the list is one that someone thought was worth sharing, so *thank you* to all those who took the time to submit their suggestions!

The LEANS team double-checked that submitted items were currently available as of November 2023, related to neurodiversity, and (broadly) aimed at children, educators, or parents. The majority of submissions appear on this list, but we did remove some that could not be found, had an unclear topic/purpose, or appeared targeted at other audiences (for example, medical professionals or post-diagnosis neurodivergent adults). We also removed some version 1 list content that had changed or could no longer be found.

Readers, please be aware of the following:








- **These listings are not reviews.** The LEANS team *has not* looked at the content of these items in detail or in full, and we have not purchased any paid items such as books or training.
- **Listed items may vary in scientific accuracy and quality.** The LEANS team *has not* assessed the quality or scientific accuracy of these items as part of compiling the list document. Research, practice, and policy change very quickly in this area, so content also may not be fully up-to-date.
- **Listed items *may not* use the same type of language or support the same views as the LEANS resources.** You will need to decide what is useful or acceptable in your own context.

What type of items are on the list?

The goal of this list was to help people find existing neurodiversity-related resources, facilitated by suggestions from other community members. Many suggested items focus on specific diagnostic categories (such as dyslexia) that are often considered to come under the “umbrella” of neurodivergence. Some of the items do talk about the general concept of neurodiversity, or about differences without putting any labels on them at all.

The list includes a mix of formats and media, paid and free items. Some are intended for children, others for adults (and some for both!). The resources also vary in purpose. Some try to explain particular diagnoses and what they are, some communicate individuals’ experiences, and some directly give advice to teachers and/or parents.

We use **icons** (described below) to label each item, and these can help you if you’re looking specifically for child-facing items, free items, websites, and so on.

Target audience		Resource type	
	Adults	L	List/collection of resources or reviews
			Books and e-books
	Children		Website
Cost			Documents, reports, downloadable guides
(no icon)	Free resource		Training, presentation, live session
£	Paid resource		Videos, video collection, films
		P	Podcast

Resources are organised under headings, by their main topic

[Neurodiversity \(in general\)](#)

Resources about specific diagnoses/ types of experiences (*alphabetical by diagnosis*)

[ADHD/ADD](#)

[Autism](#)

[Dyscalculia](#)

[Dyslexia](#)

[Dyspraxia \(Developmental coordination disorder; DCD\)](#)

[Tourette's](#)

[Resources on diversity and difference \(not specific to neurodiversity\)](#)

[Other related resources](#)

Crowdsourced resource suggestions

These listings are not reviews or endorsements. Their quality, scientific accuracy, and attitudes toward neurodiversity may vary. You will need to decide which items are acceptable and suitable for you.

1. Neurodiversity-focused resources



A Guide to Neurodiversity in the Early Years

Anna Freud National Centre for Children and Adults

A booklet for professionals working with young children aged five and under in educational/community settings. Focuses on applying the neurodiversity paradigm to younger children.

<https://www.annafreud.org/resources/under-fives-wellbeing/a-guide-to-neurodiversity-in-the-early-years/>



It Takes all Kinds of Minds

Salvesen Mindroom Centre / Mindroom (2020)

The experiences of neurodivergent young people, explained simply in the form of a booklet and video playlist.

[https://www.mindroom.org/wp-content/uploads/2020/10/It Takes All Kinds of Minds 2020v4-1.pdf](https://www.mindroom.org/wp-content/uploads/2020/10/It_Takes_All_Kinds_of_Minds_2020v4-1.pdf)
https://www.youtube.com/playlist?list=PLBOVTfIOfXbGDhiawJ_DLgd2CUioQ_6B8



Some Brains: A book celebrating neurodiversity

Nelly Thomas / Black Inc. (2020)

This picture book explains how neurodiversity gave us people like Albert Einstein and Greta Thunberg, and that while neurodivergent kids may need some extra help, they should not be seen as disordered.



Understanding neurodiversity in the context of equality and inclusive practice

General Teaching Council for Scotland (2020)

Downloadable PDF teacher guide on neurodiversity from the independent self-regulating body that sets professional standards for teachers in Scotland.

<http://www.gtcs.org.uk/web/FILES/professional-guides/Professional-Guide-Neurodiversity.pdf>



Vera McLuckie and the Daydream Club

Jane Evans & Ruth Mutch / Your Stories Matter (2017)

Friendly, clumsy Vera and her neurodiverse friends take on the bully of Acorn Bank Primary.



Using picture books to teach about Neurodiversity

Jenna Segall / reel2e (2021)

Blogpost discussing how picture books can be used to spark conversations about neurodiversity in the classroom. Includes list of book ideas.

<https://www.reel2e.org/post/using-books-to-celebrate-neurodiversity>



EPIC Resources

Dr Sinead Rhodes / University of Edinburgh (2021)

Downloadable PDF booklets which can be used by parents and teachers to help identify and understand neurodivergent children's strengths and difficulties.

<https://www.ed.ac.uk/clinical-brain-sciences/research/epic-edinburgh-psychoeducation-intervention/epic-resources>

2. Resources about specific diagnoses

ADHD/ADD



ADHD and Me

Claire Ryan / Chatterpack (2020)

Handbook with pictures, designed to help children and young people explore and understand their diagnosis.

<https://chatterpack.net/collections/chatterpack-esources/products/adhd-and-me>



ADHD in Primary School

Lou Brown (2018)

Downloadable PDF guide that helps teachers to better understand and support ADHD students.

<https://thrivingwithadhd.com.au/product/adhd-in-primary-school-product/>



ADDitude news site/magazine, Webinars

Various speakers / ADDitude (multiple years)

Online news site with associated magazine. Offers a range of news and advice articles, resources, and tools about ADD. Hosts a collection of expert webinars which explore topics such as distractibility, impulsivity, and working memory problems associated with ADHD in an educational context.

<https://www.additudemag.com/>

<https://www.additudemag.com/tag/webinar/>



£ Free resources
also available

Busting the ADHD Stigma

Soli Lazarus

Website with mixed resources to support parents of children who have ADHD, or adults who have ADHD. Includes both free and paid resources.

<https://soli-lazarus.com/>



The Boy with the Butterfly Mind

Victoria Williamson / Floris Books (2019)

Jamie has ADHD and Elin wants to be perfect. At first they struggle to find anything in common, but a school science project (eventually) brings out the best in them both. Chapter book for children 9-14.



Show Us Who You Are

Elle McNicoll / Knights Of (2021)

Cora is autistic and her (new) best friend Adrien has ADHD. A science fiction story set in a time where hologram technology can bring people back to life. A story of friendship, grief and bravery. Chapter book for children 9-14.

Autism



Autism Books by Autist Authors

The Autism Books by Autist Authors project

A collection of books (both fiction and non-fiction) about autism/autistic people, written by autistic authors. Books are organised into categories - including those for children of different age groups, and those for parents, caregivers, siblings, or educators.

<https://autismbooksbyautisticauthors.com/>



Autism Understood

Spectrum Gaming (2023)

A website about autism, by autistic young people, for autistic young people. Covers everything a young person might want or need to know about living life as an autistic kid.

<https://autismunderstood.co.uk/>



Epic Autism Resources

Spectrum Gaming (2023)

A Padlet (online collection) of resources on autism. Includes resources about: supporting autistic young people, understanding autism for non-autistic people, and co-occurring conditions or common difficulties for autistic people such as alexithymia.

<https://padlet.com/spectrumgaming/AutismResources>



How to Be Human: Diary of an Autistic Girl

Florida Frenz / Creston Books (2013)

Based on the author's experiences, a teenage girl figures out the confusing social world around her.



Information Hub

Autism Understanding (2023)

An information hub full of information about autism, written by autistic people. Includes a section specifically on children and young people.

<https://www.autismunderstanding.scot/information-hub>



Just keep stimming

Courtney Johnson (2017)

A blog by an American civil rights advocate, with printable resources and resource lists.

<https://justkeepstimming.com>



Meeting the needs of autistic learners

General Teaching Council for Scotland (2020)

Downloadable PDF teacher guide about autistic students from the independent self-regulating body that sets professional standards for teachers in Scotland.

<http://www.gtcs.org.uk/web/FILES/professional-guides/Professional-Guide-Autism.pdf>



Supporting Spectacular Girls

Helen Clarke / Jessica Kingsley Publishers (2021)

A practical guide which provides strategies for the reader to help autistic girls enhance and develop their well-being and self-esteem.



World Beyond My Shadow, The

Daniela Schreiter / Panini (2016)

Autobiographical graphic novel in which the author describes her experience growing up autistic and "on the wrong planet".



Boy Called Bat, A

Elana K. Arnold & Charles Santoso / Walden Pond Press (2017)

An autistic boy befriends a baby skunk, and sets out to prove that the kit would make a terrific pet.



My story

Anne Moxon / Autism Matters (2014)

A downloadable presentation made for children about the author's experience of growing up autistic.

https://www.autismmatters.org.uk/uploads/7/3/9/1/7391942/my_story_asp.pdf



Inclusive Education for Autistic Children

Dr Rebecca Wood / Jessica Kingsley Publishers (2019)

Book presenting original and empirical research which reframes how educators can consider autism and educational inclusion.

<https://uk.jkp.com/products/inclusive-education-for-autistic-children>



NeuroClastic Resources for Educators

NeuroClastic (2021)

Website containing blogposts on how to support autistic children at school and at home, as well as resources to help children learn about autism and neurodiversity.

<https://neuroclastic.com/category/resources-for-educators/>



£ Free resources
also available



Reachout ASC Resources

Reachout

Website with mixed resources to help both adults and children understand autism, as well as resources to support autistic children at school and at home.

<https://reachoutasc.com/resources>



£

A Kind of Spark

Elle McNicoll / Knights Of (2020)

Addie is 11-years old, autistic and enjoys reading. When a book on witch trials leaves her stunned, she sets out to challenge how people in her hometown see and understand difference. Chapter book for children aged 9-12.



£

Can You See Me?

Libby Scott & Rebecca Westcott / Scholastic Ltd (2019)

Tally is autistic, but tries to hide it as much as she can - until her friends help her realise how much better life can be when people know the real you. A story of school, friendship and family life, written by adult author Rebecca Westcott, with diary entries from 11-year old autistic Libby Scott. Chapter book for children aged 9-12.

Dyscalculia



Awareness of Developmental Dyscalculia and Mathematical Difficulties toolkit

Child Development and Learning Difficulties Lab @ University College London

A toolkit providing information on what dyscalculia is, and how to get support for children with dyscalculia.

<https://www.ucl.ac.uk/ioe/departments-and-centres/departments/psychology-and-human-development/child-development-and-learning-difficulties-lab/awareness-developmental-dyscalculia-and-mathematical-difficulties-toolkit-add>

Dyslexia



Addressing Dyslexia Toolkit

Dr Margaret Crombie & Dyslexia Scotland (2017)

Comprehensive website for teachers providing information about dyslexia and how to support dyslexic students and their families.

<https://www.dyslexiascotland.org.uk/addressing-dyslexia-toolkit>



Back to Front World of Azzie Arbuckle, The

Beth Montgomery / Your Stories Matter (2017)

Azzie doesn't like school - while she loves drawing and painting, she has to read from boards and books all day, and letters, words and numbers are really difficult for her.



Dyslexia - Personal Experiences

Dyslexia Scotland (2019)

A playlist of 32 short videos from charity Dyslexia Scotland, in which dyslexic children and young people talk about their experiences.

<https://www.youtube.com/watch?v=hcR7anEjWag&list=PL0wuerC08Sws7mujWrF3XLjO2tcAx7EuP&index=3>



Hudson Hates School

Ella Hudson / Frances Lincoln Children's Books (2012)

After vowing never to go back to school, young Hudson is given a test very different to the horrible spelling tests - in fact, it might be the start of something great.



It's Called Dyslexia

Jennifer Moore-Mallinos & Marta Fabrega / The O'Brien Press (2010)

Sarah learns that she can read and write like everyone else - she'll just need some extra help!



Meeting the needs of dyslexic learners

General Teaching Council for Scotland (2020)

Downloadable PDF teacher guide about dyslexic students from the independent self-regulating body that sets professional standards for teachers in Scotland.

<http://www.gtcs.org.uk/web/FILES/professional-guides/Professional-Guide-Dyslexia.pdf>



See dyslexia differently

British Dyslexia Association (2018)

Short animated video explaining what dyslexia is and the strengths of dyslexic people.

<https://www.youtube.com/watch?v=11r7CFIK2sc>



Tom's Special Talent

Kate Gaynor / Special Stories Publishing (2008)

Tom isn't as good at reading or writing as his friends are, but a school competition helps him learn that everyone is good at something.

Dyspraxia (Developmental coordination disorder; DCD)



Dyspraxia!

The DCD Project (2021)

A video about Dyspraxia/DCD, aimed at promoting better understanding for students and staff in primary education settings.

<https://www.youtube.com/watch?v=pamEV5T0jk8>



£

My Friend Josh Has Dyspraxia

Christine R. Draper / Achieve2day (2017)

Picture book explaining how a dyspraxic child might behave and why, narrated by Josh's friend.



£

You're So Clumsy Charley

Jane Binnion & Colin Shelbourn / Explainer HQ, Your Stories Matter (2017)

Charley always gets into trouble at school, and doesn't understand why. His worried parents arrange for him to stay with Aunty Bella for a few days... who is clumsy, just like Charley!

Tourette's



Tourette's Syndrome Topic Guide

Helen Eadie & Dr. Seonaid Anderson / The Association for Child and Adolescent Mental Health

Website containing blogposts and podcasts which provide information about Tourette's Syndrome.

<https://www.acamh.org/topic/tourette-syndrome/>



P

Truth About Tourette's, The

Lucinda Powell & Dr. Seonaid Anderson / Changing States of Mind (2021)

Podcast covering what Tourette's Syndrome is and the challenges faced by young people with Tourette's Syndrome in the classroom.

<https://changingstatesofmind.libsyn.com/the-truth-about-tourettes>



P

Get a Grip Parenting Podcast: Ep 71 Tics and Tic Disorders in Young People

Dr. Kathy Weston & Dr. Seonaid Anderson / Anchor by Spotify (2021)

Podcast about tic disorders in young people, targeted towards parents.

<https://anchor.fm/dr-kathy-weston/episodes/Episode-71---Dr-Weston-Talks-with-Dr-Seonaid-Anderson-Tics-and-Tic-Disorders-in-Young-People-e14rg93/a-a66jpr4>

3. Resources on diversity and difference (not specific to neurodiversity)



Adults' Book List

Cerebra (2023)

A list of books about neurodevelopmental differences and/or disabilities, aimed at adults. Books are listed by neurotype/disability, though some are on common shared features e.g. sensory sensitivities.

<https://cerebra.org.uk/download/books/>



Children's Book List

Cerebra (2023)

A list of books aimed at neurodivergent and/or disabled children. Books are listed by neurotype/disability, and by age they are appropriate for.

<https://cerebra.org.uk/download/library-list-childrens-books/>



I Go Quiet

David Quimet / Canongate Books (2019)

Overwhelmed by the world, an introverted, silent girl finds solace in books.

<http://igoquiet.com/>



Invisible Boy, The

Trudy Ludwig & Patrice Barton / Knopf Books for Young Readers (2013)

Brian seems to be invisible - no-one ever notices or includes him at school - until a new kid joins the class.



We're All Wonders

RJ Palacio / Penguin Random House Children's UK (2017)

Auggie is an ordinary boy with an extraordinary face. This story shows readers what it's like to live in Auggie's world – a world where he feels like any kid, but he's not always seen that way.



Wonder

R.J. Palacio / Penguin Random House (2012)

August "Auggie" has a genetic condition which has left his face disfigured. Home schooled until the age of 10, when he does start school he is bullied for being different. An emotional and powerful book. Chapter book for children 9-12.

4. Other related resources



Chatting and infodumping: a social story

NeuroClastic (2020)

An inclusive social story that teaches its young audience about different ways of talking, and how people who talk about their favourite things differently can get along.

<https://neuroclastic.com/2020/12/16/free-pdf-download-of-neuroinclusive-social-story-on-chatting-and-infodumping/>



Embracing complexity in neurodevelopment: similar challenges, different stories

Patient Voices (2020)

A collection of videos by neurodivergent children and their parents, talking about the experience of growing up as (or raising) a neurodivergent kid.

<https://www.patientvoices.org.uk/calm-htm>



Joint working: Wondering who can help your child?

Ed Psych 4 Kids (2022)

A range of professionals, who all work with children with learning differences in some capacity, discuss their work and how they can support children with special educational needs and disabilities. May be England-specific.

<http://www.edpsych4kids.com/joint-working/>



Library of Book Reviews

Salvesen Mindroom Research Centre (2023)

A list of books on topics related to learning differences and difficulties, curated and reviewed by academics working on neurodiversity research.

<https://salvesen-research.ed.ac.uk/resources-and-outreach/library-of-book-reviews>



Pupil Support Staff Engagement Project: Children in Scotland Report

Scottish Government's Pupil Support Staff Working Group

A co-produced report about the needs of pupil support staff and the children they support. Focuses on how best to support children with additional support needs in education.

<https://childreninscotland.org.uk/wp-content/uploads/2022/09/PSS-Report-Aug22-FINAL2-1.pdf>



Supporting Students with Language and Attentional Difficulties

Haley Tancredi & Prof. Linda Graham / QUT (2019)

Blogpost explaining what language and attentional difficulties are and how students can be supported in inclusive classrooms.

<https://research.qut.edu.au/c4ie/2019/11/01/supporting-students-with-language-and-attentional-difficulties/>



School for Fidgets

QE Gateshead (2020)

Informational video about classroom fidgeting behaviour, targeted towards teachers. <https://youtu.be/-dj0YMiwwyo>